

August 2016

"Life doesn't require that we be the best, only that we try our best."
H. Jackson Brown Jr.

CAVERNA SCHOOL FOOD SERVICE CONNECTION

WELCOME BACK STUDENTS



The Nutrition Services at Caverna Schools would like to welcome all students to our facilities. We are a free breakfast and lunch meal school obtained through the Community Eligibility Program. We currently have two kitchens that we feed approximately on average 90% of our student population.

Our goal at Caverna is to provide healthy nutritious meals within the mandated Federal guidelines. In addition to the federal breakfast and lunch programs we offer students Fresh Fruit and Vegetable daily through the Fresh Fruit and Vegetable grant. The nutrition service also in collaboration with instructional staff at both schools is in charge of the district Wellness Policy. The food service works closely with the Department of Agriculture and the Farm to School Program to use locally grown products in our program.

Please visit our website at www.Caverna.k12.ky.us for all the policies and procedures related to the food service. In addition the site will be used to display menu's and upcoming events within the food program.

School breakfast times Elementary 6:45, Middle High 7:40

School Lunch times Elementary 10:15, Middle High 10:30

We would like to invite parents and guardians to visit with the food service have a meal and enjoy time with your students at any time. The adult meal price is \$3.00 and be assured that you will receive a nutritious well balanced meal.

Once again welcome back students and we look forward to a wonderful and exciting new year.

Parent power

There are many ways you can support your child's learning and school. Here are a few ideas:

- Spend a few minutes every evening looking over handouts your youngster brings home. Fill out forms to return the next day.
- Tell your child's teachers if you can help them out at school or home.
- Make sure teachers know you appreciate their efforts. From time to time, send a thank-you note or an e-mail.
- Contact your child's teacher immediately if you see a problem. Working together will help your youngster succeed.
- Attend conferences, parent meetings, and school events regularly.



USDA Nondiscrimination Statement

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