

HUNGER:

**A REAL ISSUE &
WHAT YOU CAN DO TO HELP END IT**



WHAT IS FEEDING AMERICA?

Feeding America is the nation's largest hunger-relief organization. Individuals, charities, businesses, and government work to provide people with food and help end hunger.

WHAT DOES 'FOOD INSECURE' MEAN?

Food insecure means that there is a lack of food available for a household due to issues with money or other resources.



WHERE DO THEY GET FOOD?

The Feeding America Organization works with farmers, manufacturers, and retailers to get nourishing, healthy food to people who are in need.

ARE THERE REALLY STARVING PEOPLE IN AMERICA?

Yes. According to the Feeding America website, in 2018 there were 14.3 million American households that were considered to be food insecure. Also, households with children experience food insecurity even more. Right now, more than 11 million children live in food-insecure households.



DOES THIS EFFECT US LOCALLY?



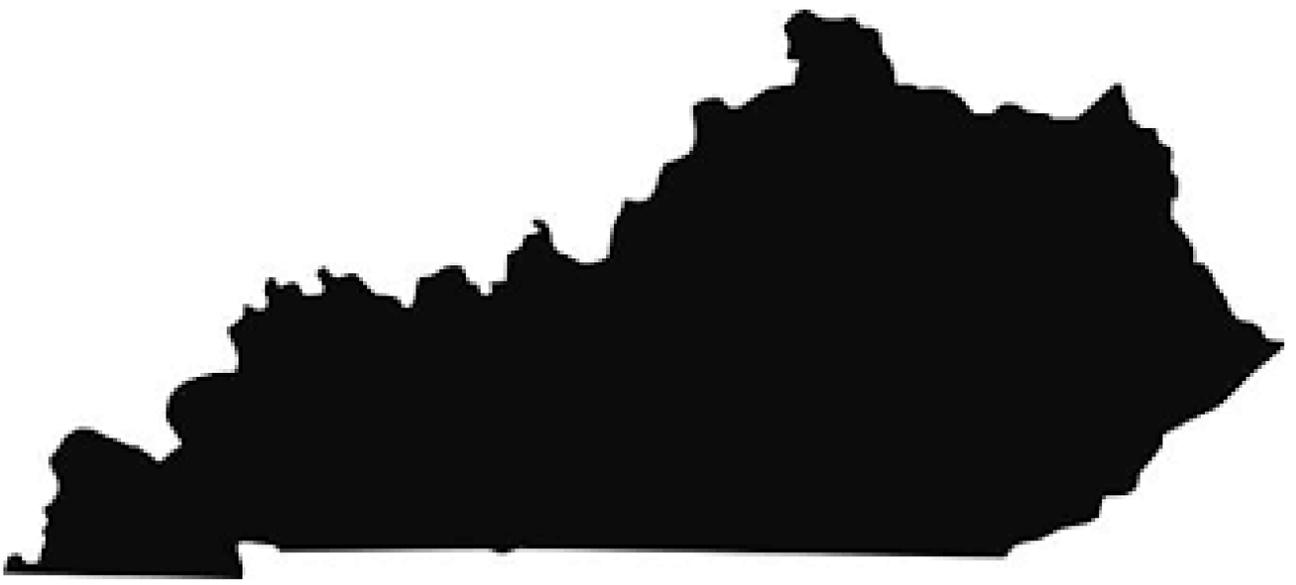
Some people don't realize that food insecurity exists in our small communities (even in farming communities). According to the Feeding America website, in Kentucky, over 650,000 people struggle with hunger and over 180,000 of them are children. (See back for more eye-opening information.)

HOW CAN YOU HELP?

There are many ways that you can help. You can sign up to be a volunteer, donate money, host a fundraiser, or even organize a food drive with your local food bank. Check out the Feeding America website for more ideas on how you can help end hunger.



For more information check out <https://www.feedingamerica.org/>



HUNGER IN KENTUCKY



1 IN 7 PEOPLE STRUGGLES WITH HUNGER.



1 IN 5 CHILDREN STRUGGLES WITH HUNGER.

662,360 PEOPLE ARE STRUGGLING WITH HUNGER (186,660 OF THOSE ARE CHILDREN).

TO HELP END HUNGER IN KENTUCKY, IT WOULD COST AN ESTIMATED \$300,483,000 MORE PER YEAR.

FOOD BANKS THAT SERVE KENTUCKY:



Dare to Care
Food Bank



TRI-STATE
FOOD BANK

